



CPACS Building formally
dedicated Wednesday

The College of Public Affairs
and Community Service
finally has its own home.

NEWS
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gateway

UNIVERSITY OF NEBRASKA AT OMAHA SINCE 1913

Mavericks defeat North-
west Missouri 3-0

After 10 days off, the volleyball
team returned to the court to
take on a MIAA rival.

SPORTS
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VOLUME 08 | ISSUE 13

FRIDAY | OCTOBER 10, 2008

Student shot outside house near Creighton

SCOTT STEWART
EDITOR IN CHIEF

A Creighton junior was robbed and then shot in front of his fraternity house after coming home from the library, according to Omaha police.

Eric Nippoldt, 20, had arrived home at the Creighton Pi Kappa Alpha fraternity house at 3100 Chicago St., according to a police incident report. He had been at the library and was getting his backpack out of the car when he was approached by three men wearing black hoodies.

The men asked Nippoldt where a party was and, when Nippoldt told them there was no party, one of the men pulled out a gun and told Nippoldt to give him all his money. Nippoldt gave the men \$20, saying that was all he had. Nippoldt told police he was then shot in the chest and all three men ran northward.

The men were described as in their 20s, between 5-foot-8 and 5-foot-10 and with short black hair, according to the police report. Nippoldt was taken to the Nebraska Medical Center in critical condition.

John Cernech, Creighton vice president for student services, released a statement to Creighton students that was provided by a student to The Gateway:

"Our thoughts and prayers are with the Creighton University student, his family and members of the Creighton University fraternity who were impacted by the shooting incident early this morning. It is our understanding that his injuries, while serious, are not life-threatening.

"The University is respecting the family's wishes to keep any additional information confidential. Student Services and a member of the Jesuit community have been working with the student and his family during this difficult time. Please continue to keep them in your prayers.

"As a reminder to the Creighton community members who live off campus, please exercise caution, walk with others when possible, be alert and aware of your surroundings."

Creighton students also received notice of a panel discussion on violence held on Wednesday at the Harper Center. Media Relations Coordinator Cindy Workman said the forum was open only to Creighton students and not to local media.

Editor's Note: See page 5 for more on the Nippoldt shooting, including coverage of the Harper Center forum, from The Creightonian, Creighton University's student newspaper.

Convocation: 'Time is now' to accept national leadership role

Sen. Hagel announces he will leave papers to Criss Library



Chancellor John Christensen speaks at the annual convocation ceremony. This year's ceremony was dedicated to reflecting on UNO's history and future for the centennial (ANDREA BARBE/THE GATEWAY)

SCOTT STEWART
EDITOR IN CHIEF

At Wednesday's standing-room only convocation address, Chancellor John Christensen stressed the need for UNO assert itself in its role as a metropolitan institution.

"The time is now for UNO to accept the responsibility and opportunity of being a national leader among metropolitan universities," Christensen said in prepared remarks. "As John Fitzgerald Kennedy once said, 'We choose these things not because they are easy, but because they are hard.' I know our best is yet to come, and so I asked each of you to join us in realizing that dream."

In an interview last week, Christensen explained why now is the time that UNO needs to

assert its leadership potential on the national stage.

"I think one of the things that's happened," Christensen said, "is that the campus community is all on the same page now regarding the mission, vision and values of a metropolitan university, its relationship with its community and the importance of the university and the role it plays with that community."

During his annual State of the University address, this year titled "UNO 100: Central to Our City, Fulfilling the Promise," Christensen outlined some of the university's needs for the future.

"We will need to continue to build people, place and program capacity," Christensen said. "Longer-term capacity building will require strategic

consideration regarding the build-out of Pacific [Street] and Center [Street] locations, need for core science lab and performing arts space and new locations for radio/TV, child care, student services and buildings and grounds."

Christensen also mentioned the increase in capacity expected from Mammel Hall and the retrofitting of Roskens Hall for the College of Education. He announced that Kayser Hall is being considered for a community engagement center, which would include additional learning and meeting spaces.

Also announced during the address was a decision by Sen. Chuck Hagel, a UNO alumnus, to donate his legislative papers and other official documents to the Criss Library when he leaves

SEE CONVOCATION: PAGE 4

Celebrations continue for centennial, homecoming

KIRBY KAUFMAN
NEWS EDITOR

As UNO's homecoming and centennial celebrations draw to a close, the campus will shine at its brightest with memorable events.

Today UNO will hold campus and walking tours starting at 1 p.m. and ending at 3:30 p.m. The tours will consist of people being shown how the campus has transformed since it has opened.

Campus buildings will be open to everyone. Walking maps will be available in the Thompson Alumni Center for those who want to trek the tour on their own.

The College of Public Affairs and Community Service Building will have its open house from 3 p.m. to 5 p.m. Students and others are encouraged to see the new building and explore its depth. Music and food will be at the event.

Also, "Trumpets and Crumpets" will be held at the Criss Library from 3:30 p.m. to 6 p.m. The exhibit "A Century on Wheels" displays UNO's growth from 1908 to the present.

Saturday, the College of Information Science and Technology will have a breakfast and open house from 8 a.m. to 10 a.m. Students and alumni can check out the home of bioinformatics labs, wireless computing, information assurance and much more.

The tailgate party for the centennial homecoming game against Missouri Western will begin at 10:30 a.m. and end with kickoff at 1 p.m.

There will be bounce houses, Maverick tattoos, balloons, the UNO marching band and more. Food will be served as well. At

SEE CENTENNIAL: PAGE 2

Ludo rocks UNO campus for centennial, homecoming week



Ludo lets loose while performing "Hum Along" during Wednesday night's concert on campus. (MICHELLE BISHOP/THE GATEWAY)

REVIEW BY
KIRBY KAUFMAN
NEWS EDITOR

Stars slowly began to paint the night sky as UNO's Maverick Productions helped set up for the much-anticipated Ludo concert.

A local band from UNO, Indecision, got the night off to a heated start. Members Jared Dietz, Austin Meter, Garrett Grooms and Chris Massara strung a melodic mixture of tunes that caught the audience's eye.

The crowd frantically burst into a roar of cheers as Ludo hit the stage. With cell phones glowing, raised in air and cameras flashing UNO students and non-UNO students had electricity flowing through their veins when Ludo was introduced by local band Indecision.

St. Louis band Ludo played an array of songs from their album "Love Me Dead." The band also played a few songs off of their new album, "Kings of Nowhere." Ludo played "Good Will Hunting," "Go-Getter Greg,"

SEE LUDO: PAGE 9

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ANDREA BARBE/THE GATEWAY

BOUNCING FOR THANKSGIVING

Lambda Chi Alpha fraternity and Alpha Xi Delta sorority sponsored the Bounce-a-Thon raffle in the Pep Bowl south of the Eppley Administration Building this week from Oct. 5 through Oct. 7. The groups hope to make the event an annual fundraiser for the Omaha Food Bank.

Members of the groups bounced continuously for 48 hours in a trampoline set up in the Pep Bowl. Prizes for the raffle included a tailgating set and a coffee study pack. Gift certificates many local restaurants were also as prizes.

Above, from left to right, sophomore Jackie Pirtle, freshman Ashley Kuta, freshmen Andrea Neal, sophomore Jessie Nelson and junior Caitlin Vandell jump on the trampoline to raise money to help the Omaha Food Bank purchase food to help needy Omahans celebrate Thanksgiving.

FROM **CENTENNIAL**: PAGE 1
halftime homecoming
royalty will be crowned.

Later that evening, Steve Martin's "Picasso at the Lapin Agile" will be shown at the Weber Fine Arts Building starting at 7:30 p.m.

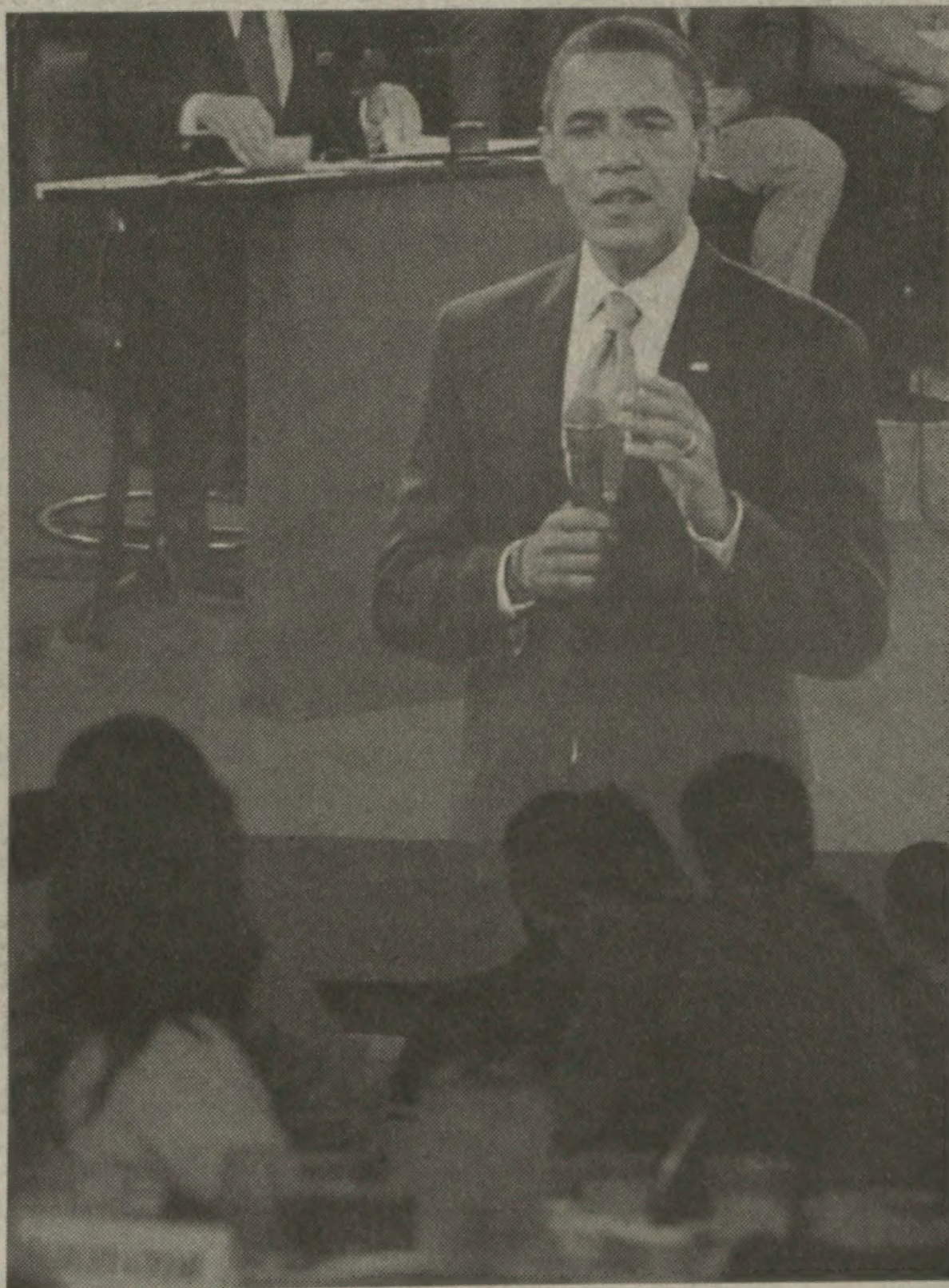
On Sunday, the UNO art student alumni exhibition will be held at the Weber Fine Arts Building from 1 p.m. to 5 p.m. "Picasso at the Lapin Agile" will be performed again at 3 p.m.

Homecoming week may be near its end, but it will not be without climax and thrill for alumni, faculty, family and students.

"I think that homecoming is going to be an incredible atmosphere," Chancellor John Christensen said last week.

"All of the events scheduled before homecoming in the Pep Bowl and the things that are going on across campus — tours and each of the colleges having activities — are going to be great fun. And of course the football game should be a large crowd, a lot of alums coming back to campus; I hope we have a lot of students participating. It should just be a great time."

Scott Stewart contributed to this report.



ANDREA BARBE/THE GATEWAY

SECOND DEBATE

Students, faculty and community members gathered in the Thompson Alumni Center to watch the second presidential debate on Tuesday as part of DebateWatch 2008.

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CRIME LOG

COMPILED BY
SCOTT STEWART
EDITOR IN CHIEF

Sunday, Oct. 5

2:50 a.m. While on patrol, Campus Security witnessed suspicious activity in Lot G. Further investigation disclosed two students and two visitors in possession of alcohol. The students were referred for disciplinary action.

4:02 a.m. While on patrol, Campus Security witnessed suspicious activity in Lot 9. Further investigation disclosed an alcohol violation and a controlled substance violation. Omaha police were notified. One student was cited for minor in possession, possession of a controlled substance and possession of drug paraphernalia. Two students were cited for possession of a controlled substance.

Monday, Oct. 6

12:02 a.m. While on patrol, Campus Security observed suspicious activity in Lot G. Further investigation discovered an alcohol violation. Omaha police were requested. One student was cited for driving while intoxicated. The student was referred for disciplinary action.

1:43 a.m. While on patrol, Campus Security heard loud music coming from University Village. Further investigation discovered a controlled substance violation. Omaha police were requested. Two students were cited for possession of drug paraphernalia and possession of a controlled substance under an ounce. Both students were referred for disciplinary action.

Thursday, Oct. 2

11 a.m. A student reported the theft of personal property from Criss Library. The incident occurred between 10:50 a.m. and 10:55 a.m.

Friday, Oct. 3

9:19 a.m. A student reported the theft of personal property from Maverick Village. The incident occurred between 7:15 a.m. and 8:50 a.m.

11:35 a.m. A faculty member reported the theft of their personal vehicle. The suspect is a family member. Omaha police were notified, and the victim filed a theft report with Omaha police. Incident occurred at 11:30 a.m.

4:30 p.m. While on patrol of the Center Street location, Campus Security was contacted by Omaha police and informed of a possible confrontation that began off campus but came onto the Center Street location property. Omaha police reported a possible firearm was present. No firearm was found. One suspect was arrested for domestic assault.

Saturday, Oct. 4

3:20 a.m. While on patrol, Campus Security heard suspicious activity. Further investigation disclosed a broken gate arm. Continued investigation identified a University Village resident as the suspect. Omaha police were notified and issued the suspect a destruction of property citation.

CPACS Building dedicated, campus begins centennial celebration

KIRBY KAUFMAN
NEWS EDITOR

Figures donning vibrant caps and gowns were seen in front of the recently refurbished College of Public Affairs and Community Service Building on Wednesday.

The CPACS Building is the new home of UNO's schools of gerontology, criminology and criminal justice, public administration, social work and the Goodrich Scholarship Program.

Expansion of the building is further improvement and change for the successful Goodrich Scholarship Program. The new building will further help the education of students where education may have not been possible, said Goodrich Scholar Timothy Gaskin.

"Today's young adults are witnessing history every day," Gaskin said.

CPACS is one of the many beginnings of expanding the UNO campus, ultimately south of Pacific and Center streets, said University of Nebraska President James B. Milliken.

"I'm excited about UNO having a College of Public Affairs and Community Service Building. It gets people to stay in Omaha and have this opportunity," said former Omaha Mayor Hal Daub.

Planning for the building was 35 years in the works. In

1973, the schools were scattered apart on campus.

UNO's old Engineering Building used to be where the current CPACS Building stands.

"It's truly remarkable for CPACS - 35 years. It took that long, but we got it done," said CPACS Dean B.J. Reed.

The approval to begin the project was started before all the private funds needed were collected. The five initial founders that donated private funds to the construction of the CPACS Building were The William and Ruth Scott Scott Family Foundation, The Weltz Family Foundation, Mammel Family Foundation, The Lozier Foundation and Peter Kiewit Foundation, said NU Foundation President Clarence L. Castner.

Sen. Chuck Hagel quoted Winston Churchill when he spoke to the crowd: "We make a living by what we get; we make a life by what we give."

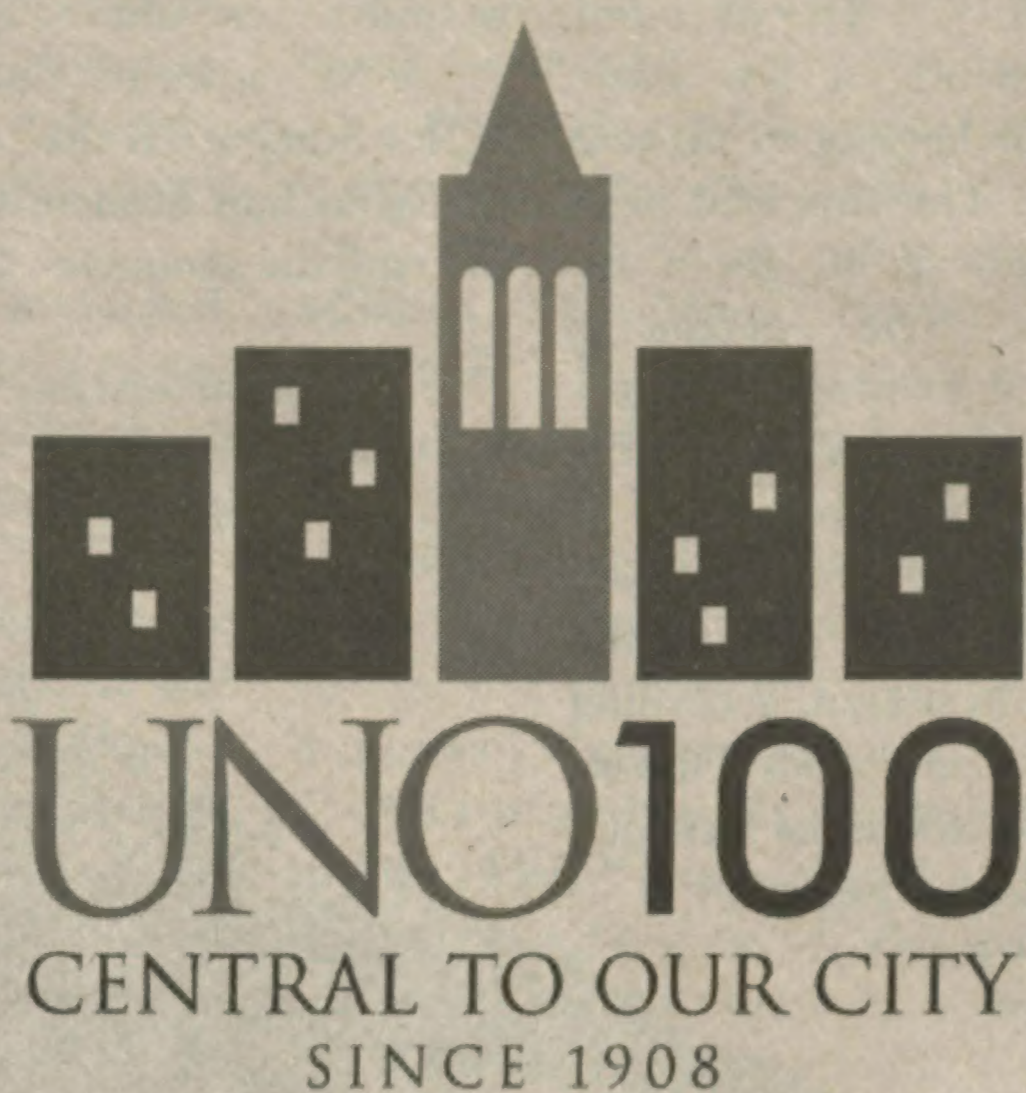
The words of Churchill directly correlate with the purpose

of the CPACS Building. The numerous donations and hours spent constructing the facility have made a gift to future generations.

"It will benefit students, colleagues and faculty for years to come," said Mayor Mike Fahey.

The completed building has united a once divided brethren of schools at UNO. Its impact will be seen with the years to come.

"This is my home," Milliken said.



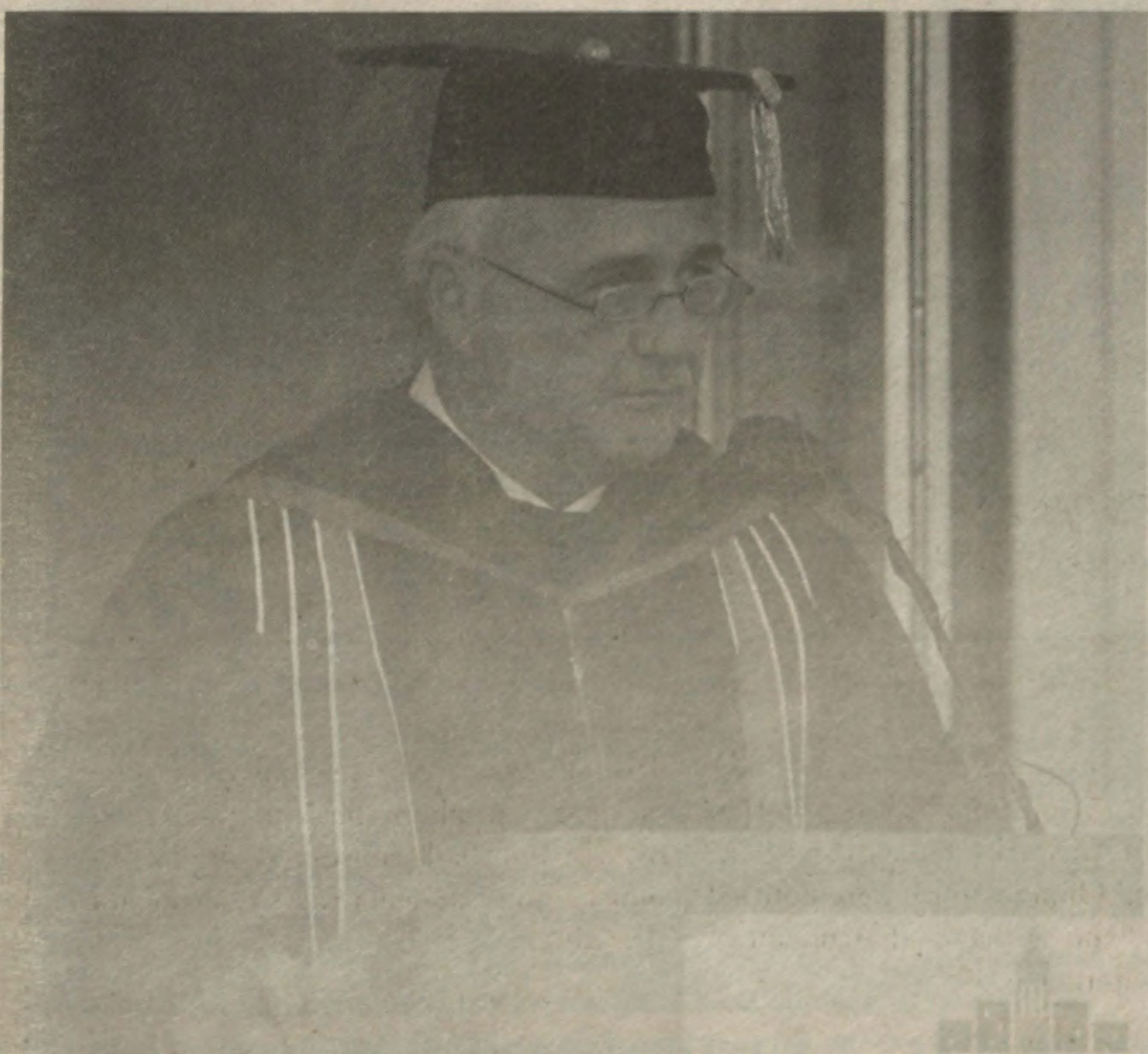
Sen. Chuck Hagel, left, shakes hands with Omaha Mayor Mike Fahey during the CPACS Building dedication ceremony following convocation on Wednesday morning. (ANDREA BARBE/ THE GATEWAY)



Following the CPACS Building dedication ceremony, an all-campus reception was held in the Milo Bail Student Center. The reception included food and a historical slideshow played on a continuous loop. (ANDREA BARBE/ THE GATEWAY)



The CPACS Building, the renovated Engineering Building, is the first home for the College of Public Affairs and Community Service in the college's 35-year history. (ANDREA BARBE/ THE GATEWAY)



Regent Kent Schroeder addresses the crowd at the CPACS Building dedication on Wednesday morning. (ANDREA BARBE/ THE GATEWAY)



An all-campus reception was held in the Milo Bail Student Center on Wednesday. (ANDREA BARBE/ THE GATEWAY)

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Get your shot soon: flu season rapidly approaching

JOHN SANDQUIST
STAFF WRITER

Flu season is rapidly approaching once again. The season typically starts in November of each year and may continue to as long as May of the next.

Although many do not realize its severity, influenza can be very harmful or even deadly. There are two main types of the virus that are responsible for the flu epidemics each year: Type A and Type B. Type A can also be broken into various subtypes.

The type can, at times, be hard to pinpoint because different types will circulate throughout the year. The flu is a contagious respiratory illness that is caused by viruses.

Each year, it sends an average of 200,000 Americans to the hospital and kills 36,000 - most of them elderly or with compromised immune systems.

Those who are at the highest risk to get influenza are young children, pregnant women, those with chronic medical conditions and the elderly. Influenza is especially dangerous for elderly people, as they may contract pneumonia as a result.

Flu symptoms are similar to the common cold, but are much more intense. Symptoms include a fever, dry cough, muscle aches, sore throat, a runny or stuffy nose and extreme fatigue. Because of the similarity in symptoms, it can often be impossible to distinguish between a cold and the flu without being tested.

The flu does not generally become widespread in Douglas

County until January or February, though cases do appear as early as December. It is important to take precautions against the sickness before it becomes widespread.

The Douglas County Health Department recommends a few basic steps for helping to prevent the flu. The first and most important is to get a flu vaccine. The vaccine is designed to protect against the main strains of the virus that are most prevalent.

About 140 million doses will be available through the end of flu season, according to the Centers for Disease

Control and Prevention. Most vaccines are in the form of injectable flu shots, but up to 12 million doses can be applied as a nasal spray in healthy people ages 2 to 49.

Preventative, everyday actions are also important for flu prevention. These include avoiding

those who are sick, washing hands frequently and covering the nose and mouth when sneezing or coughing.

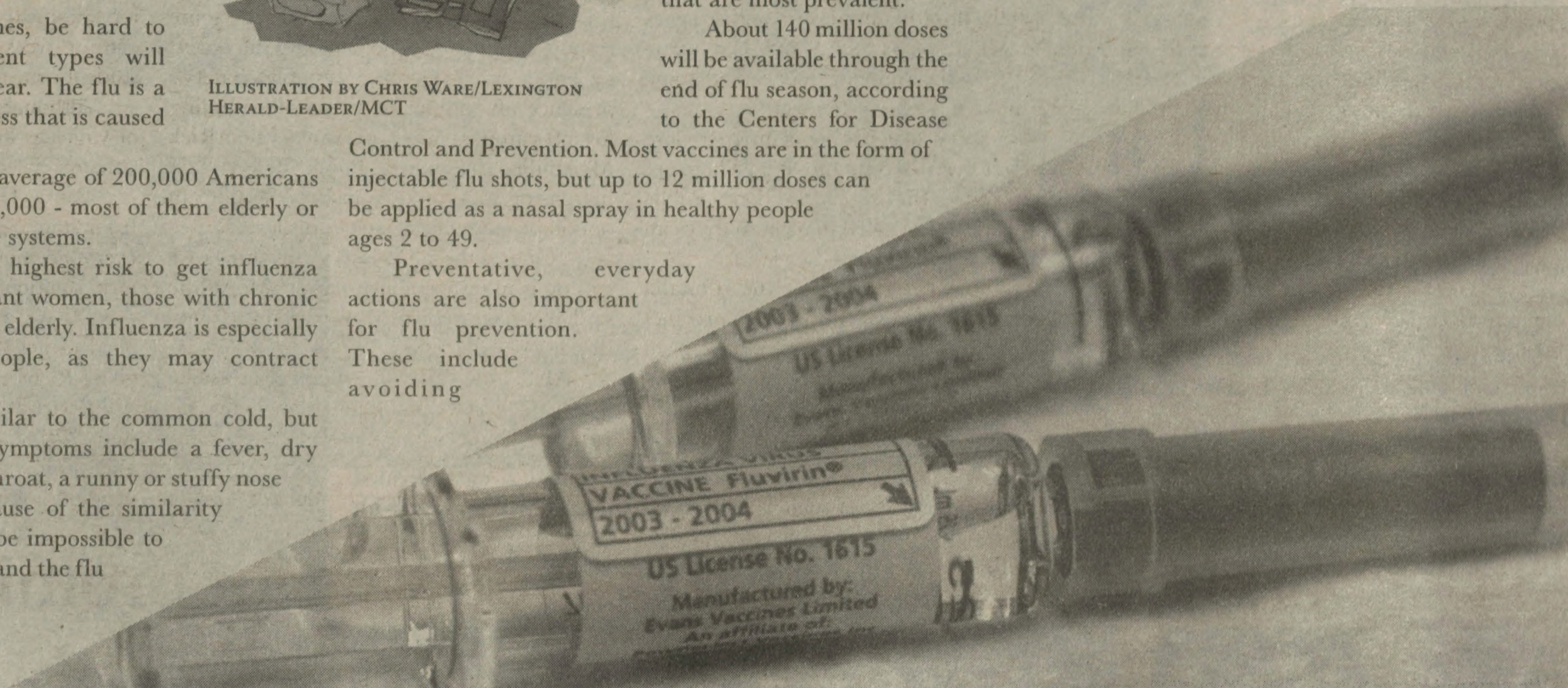
Those who contract influenza should seek medical assistance and use antiviral medications to help combat the flu. It is also important to stay home and allow plenty of time to rest and recuperation.

UNO students can receive flu shots for \$15 at the UNO Student Health Services office on the first floor of the Milo Bail Student Center. Student Health will begin offering the shots Oct. 27.

This report contains material from the McClatchy-Tribune Information Service.



ILLUSTRATION BY CHRIS WARE/LEXINGTON
HERALD-LEADER/MCT



VERN FISHER/MONTEREY COUNTY HERALD/MCT

Med Center team performs life-saving surgeries on Nicaraguan children

KAREN COLLINS
CONTRIBUTOR

In May, a team of medical professionals from Omaha spent two weeks in Managua, Nicaragua, performing surgeries that saved 14 lives.

The team - which consisted of more than a dozen people, including a pediatric cardiac anesthesiologist, intensive care unit nurses, a respiratory therapist and others - was headed by pediatric cardiac surgeon James Hammel of the University of Nebraska Medical Center.

Team members used personal vacation time to make the

2,000-mile trip to Hospital Salud Integral in Managua. Kim Duncan, Hammel's superior at the Med Center, covered his cardiovascular and thoracic surgery cases while he was in Nicaragua.

The trip was coordinated through the International Children's Heart Foundation. It is the mission of ICHF to bring medical skills, technology and knowledge to developing countries to cure and care for children with congenital heart disease regardless of country of origin, race, religion or gender.

The patients at Hospital Salud Integral ranged in age from 6 months to 11 years. All care was provided at no charge.

Over \$100,000 worth of surgical supplies and drugs were donated by Children's Hospital.

Hospital Salud Integral, a 100-bed hospital, has three operating rooms.

"They gave us an empty room and we turned it into an [intensive care unit]," Hammel said.

Each year, approximately 500 children are born in Nicaragua with congenital heart defects requiring surgery.

"About half of these kids will die within the first weeks or months of life if they don't get the surgery they need," Hammel said.

In addition to performing the surgeries, the team also taught surgical and medical care techniques.

"This was a total team effort," Hammel said. "Each of our people worked closely with a Nicaraguan counterpart, teaching the role he or she played in taking care of the kids."

Kori Bell, special events coordinator for ICHF, said there are volunteer opportunities for pre-med students and non-medical students who are interested in joining a medical mission trip team. Additional information is available at babyheart.org.

"Teams are often made up of people from different cities, states and even countries," Bell said.

Hammel, who speaks medical Spanish, worked closely with Sergio Hernandez, a heart surgeon at Hospital Salud Integral.

"We did some complicated cases for children we knew would never survive otherwise," Hammel said, "and some easier cases that were just a little beyond the local team's capability, so that they could progress."

The patients are all getting better. Some returned to their homes within two to three days after surgery.

"It's something I will likely do again," Hammel said. "It was an experience I will never forget."



Hospital Salud Integral, located in Managua, Nicaragua, was host to a team of medical professionals from the University of Nebraska Medical Center earlier this year. (COURTESY INTERNATIONAL CHILDREN'S HEART FOUNDATION)

FROM CONVOCATION: PAGE 1

office in January.

"I know you occasionally wonder what the hell we do in Washington," Hagel said, joking with the crowd.

Hagel said the collection included personal correspondence with "almost every leader in the world," and covered a historical period that saw President Clinton's impeachment, the terrorist attacks of Sept. 11, the wars in Iraq and Afghanistan and the recent financial crisis.

"We are experiencing the greatest global finance crisis since the Great Depression," Hagel said.

Hagel, who earned a bachelor of general studies degree from UNO in 1971, joined several other dignitaries in making remarks at the convocation ceremony.

Sally Ganem, First Lady of Nebraska and wife of Gov. Dave Heineman, read a proclamation from the governor commemorating the centennial. Omaha Mayor Mike Fahey made a similar proclamation.

Rep. Lee Terry, who got a resolution celebrating UNO's centennial passed by the U.S. House of Representatives, made a joke about getting sponsorship for the resolution.

Terry said he had to clarify that it was "not the Huskers, it's the Mavericks" to convince some members of Congress to co-sponsor the bill.

Regent Kent Schroeder, NU President James B. Milliken and Senior Vice Chancellor Terry Hynes also spoke at the ceremony.

Before Christensen's remarks, the crowd assembled in the Strauss Performing Arts Center also saw a historical montage accompanied by the song "Crossing Rivers" by composer Jonathan Elias.

Creighton students react to off-campus shooting

SPECIAL TO THE GATEWAY
CHRISTINE GALT
THE CREIGHTONIAN

In response to the shooting of Creighton arts and sciences junior Eric Nippoldt, the Creighton University Students Union, Interfraternity Council and Panhellenic Council hosted an open forum on violence Wednesday evening in the Harper Center Ballroom.

Students voiced frustration at the lack of off-campus security. University and city leaders discussed solutions, but didn't reach a formal conclusion about how to solve the problem of violence.

Nippoldt was shot in the chest after he was approached by three men at 31st and Chicago streets, according to the Omaha Police Department. Nippoldt was taken to Nebraska Medical Center and no suspects have been identified.

Nippoldt is a member of the Pi Kappa Alpha Fraternity and was parking in front of the fraternity house, where he lives, when the incident occurred. The police report stated Nippoldt was in stable condition, but no other information has been released.

Chris Foster is a 23-year resident of the Gifford Park neighborhood, where the shooting occurred, and has been a longtime member of the neighborhood association.

Foster says incidents of violence, including beatings, shootings and domestic disputes, have increased over the last three weeks.

After this last shooting, Foster, who stays in regular contact with city officials, wrote an e-mail to various Omaha leaders asking for increased police presence.

"We really do feel that the neighborhood is so much better than what this activity tends to lead to," Foster said in an interview Monday. "I certainly understand the frustration and concern about safety. It's more than a neighborhood problem. It's a city problem."

Molly Borgmann, an arts and sciences junior who lives at 42nd and Davenport streets, said the shooting has caused some fear among Creighton students.

"It's scary that it's happening so close to where I live," Borgmann said. "There are a lot of things that should be done. Public Safety and the city need to meet so they can talk about what they can do."

Capt. Alex Hayes of the Omaha Police Department's northwest precinct said a mixture of violent crimes have been occurring in the neighborhood for a long period of time, including gang violence, robberies and domestic violence.

Because of the difference in the nature of the crimes, Hayes said it has been difficult

to allocate the correct number and types of resources. For instance, he said gang violence is easier to predict, whereas an increased number of robberies may be solved by increased police presence.

Patricia Sullivan, director for the Center for the Study of Children's Issues, stressed the fact that violence is a human problem and is not a result of one ethnic group or nation.

"There's a prejudice and bias that it's only in one neighborhood in Omaha and that's just not true," Sullivan said.

Many students at the forum said the university should be taking some responsibility for the incident and the recent violence, either increasing Public Safety's presence off-campus or increasing funding for off-campus safety measures. But Rick McAuliffe, director of Public Safety, said increasing off-campus patrols is not an option because of the lack of resources.

"One of the most important things we can do is in terms of awareness," McAuliffe said, "to make people aware of the activity that happens."

McAuliffe said students could ask Public Safety to visit their homes to recommend security improvements and to report suspicious behavior.

John Cernech, vice president of Student

Affairs, said student safety off-campus is a complex issue and requires the cooperation of the university, the neighborhood associations and the city.

"It's all across the country. It's all across the world. It's not just a Creighton problem," Cernech said. "It's not just an Omaha problem. This is not something we haven't looked at for years, but it gets back to individual involvement. Individuals paying attention."

Cernech said he would be talking to Rev. John P. Schlegel, Creighton University president, and Dan Burkey, vice president for administration and finance, within the coming week to discuss a solution to ease student concerns.

Although a definitive solution to problem of violence was not reached, students were able to voice concerns.

Paula Hutchinson, a panel member from state Sen. Brad Ashford's office, said everyone should be trying to reach a long-term solution.

"If we go with the paradigm that we need to get these people out, they are just going to move someone else. But they are still a part of your community," Hutchinson said. "What we do is we change the norm, and this is a proven method to make the neighborhood safer."

Students given room, board in exchange for promise of faith

JENNIFER GARZA
THE SACRAMENTO BEE (MCT)



College students who live in two apartment unit provided rent-free by All Saints Episcopal Church in Sacramento, Calif., pray before having their weekly group dinner meeting, Sept. 25. (Jose Luis Villegas/Sacramento Bee/MCT)

SACRAMENTO, Calif. (MCT) — It's dinnertime in the small, two-bedroom apartment near Sacramento City College. One by one, five students gather around a well-used dining room table for a meal that begins with a prayer.

"Thank you Lord," begins Andrea De La Torre, 19, in the short blessing before they dig into the Chinese food prepared by one of the students.

Both the weekly dinner and the prayer are required. The students are participants in a special program offered by All Saints

SEE FAITH: PAGE 7

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Mavs return to action to sweep Northwest Missouri

MICHELLE BISHOP
PHOTO EDITOR

After a 10-day layoff, the Mavs returned to action and swept Northwest Missouri State 3-0 (25-19, 25-20, 25-18) Wednesday night.

Junior outside hitter Sara Kampschnieder guided the Mavs to the win with her fifth double-double of the season, while adding 15 kills and 13 digs.

The two teams battled though a tight first set until senior Annie Rice's four consecutive service aces gave the Mavs a 14-10 lead. Kampschnieder's three kills fueled a 6-4 Mav run, giving UNO a 20-14 lead. A kill by sophomore Kayla Uhing and a kill and block by junior middle blocker Ellen Thommes gave UNO a 25-19 win in set one.

"For having a bye week and an off week, I thought we were a bit sluggish and we didn't play as clean as we liked," said head coach Rose Shires.

In the second set, UNO was led by Kampschnieder's five kills, while Thommes hit .667 with four kills. The Bearcats (5-13, 3-4 MIAA) were held to just six kills and a .086 hitting percentage. UNO registered 21 kills in the second set and hit .250 as a team en route to the 25-20 victory.

Kampschnieder fired six more kills to lead UNO in the third set. With the score locked at 10, the Mavs went on a 14-4 run to take a 24-14 advantage. Northwest fought back with four match points before freshman Lizzy Mach's tool off the block on the slide attack ended the match 25-18.

"I was extremely happy with how we stayed in it and we took care of each set. No matter what things came up, we took care of it," Shires said.

UNO improves to 8-9 in the season and 4-3 in the MIAA.

For the fifth time this season, Thommes has hit .500 or above in a match. She hit .529 with 10 kills and one error in 17 attempts.

UNO held a controlling 67 to 52 advantage in digs. Junior Kayla Jansen and freshman Angie Reicks combined for 29 digs to lead the defense.

Freshman setter Emily Myers notched her fifth double-double with 38 assists and 12 digs, while helping the UNO offense to a .270 hitting percentage in the match.

UNO continues MIAA play this weekend when they travel to play Missouri Western (3-19, 0-6) on Friday for a 7 p.m. match. Then the Mavs will head to No. 12 ranked Truman State (17-5, 4-2) on Saturday for a 6 p.m. match.

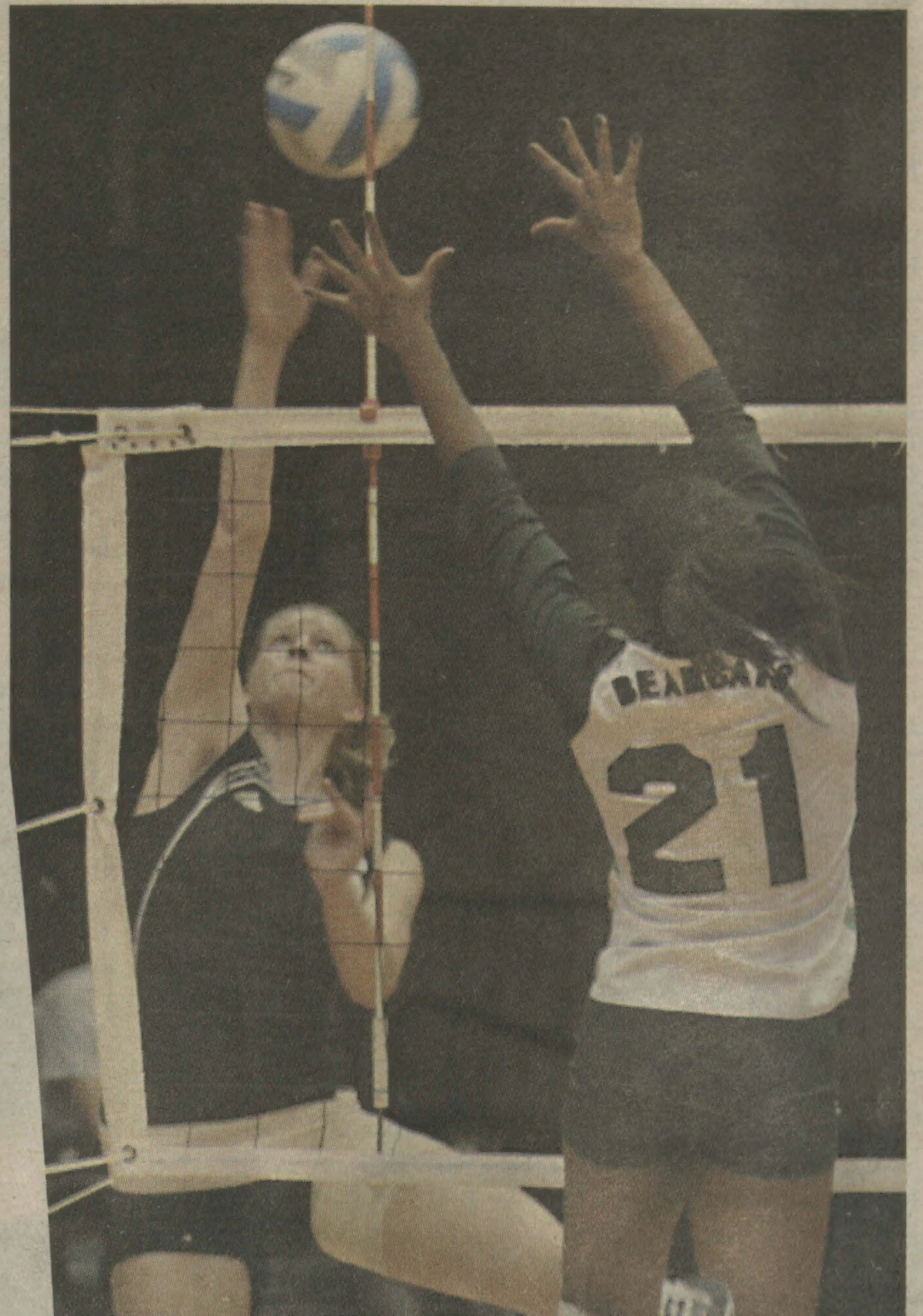
"Both are extremely important games for us," Shires said. "We have to stay disciplined, focused and we have to play clean."

Right: Lizzy Mach looks to work the ball around the block of Northwest's Iesha Haskins. (MICHELLE BISHOP/ THE GATEWAY)

Bottom Left: Ellen Thommes tries to thread the ball through the block of Northwest's Iesha Haskins (left) and Amber Ryan. (MICHELLE BISHOP/ THE GATEWAY)

Bottom Center: Northwest's Sara Falcone tries to block Lizzy Mach's kill. (MICHELLE BISHOP/ THE GATEWAY)

Bottom Right: Annie Rice plays with her 6-month-old nephew Jaxson Harvey after the game Wednesday night. (ANDREA BARBE/ THE GATEWAY)



After OT loss, Mavs hope to reverse two-game streak

MICHELLE BISHOP
PHOTO EDITOR

UNO dropped out the AFCA Division II Coaches' Poll after a 26-20 double overtime loss to Truman State last weekend.

If it's any consolation, the Mavs (3-2, 2-2 MIAA) are 26th among teams receiving votes in the Coaches' Poll released Tuesday. UNO rounds out the D2Football.com Top 25 Poll at No. 25.

The Mavs are on a two-game skid for the first time since the 2002 season and will look to reverse that streak when Missouri Western visits Caniglia Field Saturday at 1 p.m. The game also celebrates homecoming and the UNO centennial.

The Griffons (2-4, 1-3 MIAA) and Mavs will face off for the first time in school history.

Missouri Western is coming off a 31-28 win over Fort Hays State last Saturday. That victory was their first conference win of the season and broke a four-game losing streak.

Despite their 1-3 conference record, the Griffons have showed they have no problems hanging with the league's top teams. Their three MIAA losses came at the hands of Northwest, Pittsburg State and Washburn — each by a touchdown or less.

UNO's defense will be tested by Missouri Western's

pass offense, as they rank third in the MIAA averaging 241.3 yards per game through the air.

The Mavs are ninth in the MIAA in passing offense averaging 159.0 yards, and first in rushing offense averaging 259.2 yards.

The Griffon's quarterback, Drew Newhart, ranks third in the MIAA in passing average at 237.3 yards per game. Cedric Houston leads the MIAA in receiving yards per game with 78.3.

UNO is second in the conference in total offense averaging 408.2 yards per contest, while the Griffons are fifth with 253.2 yards per contest.

The Mavs average 30 points per game, while the Griffons have both scored and given up an average of 30 points per road contest.

If UNO hopes to keep their playoff chances alive, they need a win this weekend.

In the most recent regional rankings, UNO isn't in the top 10, but MIAA foes Northwest Missouri State, Pittsburg State, Central Missouri and Truman State are. Only six teams from the region advance to the playoffs.



MICHELLE BISHOP/ THE GATEWAY

Golf update

BOB VACANTI
SPORTS EDITOR

UNO's golf team finished the fall season with another victory, this time at the Nebraska Wesleyan Fall Invite, scoring a 636 over Truman State and Dakota Wesleyan with 639 and 667, respectively.

Individually, Kelli Baseley from Dakota Wesleyan University won the tournament with a 154 between both rounds.

The Mavs weren't far behind with junior Erin Ommen in fourth place at 158, sophomores Amy Powell and Dani Suponchick at fifth and sixth with 159 and 160. Junior Abbey Weddle earned seventh with a 161, while freshman Rebecca Pollock tied for 10th at 165.

The Mavs dominated the second half of the season with three straight invitational wins, while placing second, third and fifth place back in mid-August. Ommen led the team with four individual victories and just four strokes over par on average.



ANDREA BARBE/THE GATEWAY

FAMILY FEUD

MavRadio sponsored a Family Feud competition to kick off homecoming and centennial week Monday in the Milo Bail Student Center. Above, Will Monestero responds to an answer by the Alpha Xi Delta team during the event.

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UNO gets ready to take ice against Manitoba Monday

MICHELLE BISHOP
PHOTO EDITOR

The Mavs announced junior defenseman Mark Bernier will serve as the team captain for the 2008-09 season.

Bernier, who served as an alternate captain last season, has appeared in 78 games for UNO during his career, notching three goals and nine assists for 12 points.

"Mark Bernier showed a year ago as an assistant captain he had what it took to be a good guy to direct the club," said coach Mike Kemp.

Senior forward Dan Charleston and junior forward Dan Swanson will serve as alternate captains.

"This is the first time in several years where it's been a straight vote of the team, no coaches input whatsoever," Kemp said. "This is who they have selected to be their leaders and I'm real pleased."

Charleston, UNO's leading returning scorer from last year, collected 12 goals and 25 assists for 37 points while playing in all 40 games. The Chicago native has played in 120 games during his career, scoring 34 goals and 55 assists for 89 points. He is close to joining UNO's career list of 100-point scorers.

Swanson played in 39 games last season, scoring four goals and nine assists for 13 points. He was UNO's plus/minus leader last season with a +5 rating.

"Dan Charleston and Dan Swanson have been guys that have done it on and off the ice and in the classroom," Kemp said. "They've all done the right things, so we're excited about these guys being our leaders."

UNO opens the season with an exhibition game against the University of Manitoba on Monday at 7:05 p.m. at Qwest Center Omaha.

Observant fans will notice a change to UNO's uniforms this season. For the first time in school history, the team will wear white and red vertical stripes on their breezers.

Kemp said former captain Bryan Marshall requested the stripes last year but it was too late to change since the equipment was already ordered.

"For this year in an ode to honor our former captain we have put the stripe on," Kemp said.

The Mavs will also unveil a new alternative jersey during the Oct. 18 Mutual of Omaha Stampede game.



Top: Coach Mike Kemp goes over a drill during practice on Monday.
Middle Left: Freshman goalie John Faulkner makes a pad save on Dan Swanson during practice Monday.
Middle Right: Senior goalie Jerad Kaufmann looks to make a save during practice.
Bottom Left: The Mavs skate through drills during practice.
Bottom Right: Freshman Alex Hudson listens to Coach Kemp during practice

ALL PHOTOS BY MICHELLE BISHOP/THE GATEWAY



TRUST - LOVE - EQUALITY - SUPPORT - CELEBRATION - BROTHERS - SISTERS

We individuals at University of Nebraska at Omaha support National Coming Out Day. We also recognize the need for continual support for our LGBTQIA campus population beyond this nationally recognized day of celebration. We recognize the need for equality and support for our LGBTQI brothers and sisters, who deal with a daily and situational decision to disclose their sexual orientation or gender identity on a case by case situation. We support a national, state-wide, and grass-roots movement that will recognize full and equal protections for all people, including LGBTQI individuals.

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TRACIE L ANDERSON
JESSICA SHIVELEY
AMY WEST
JENNA SCHAECHER
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TIM WINCHELL
LINDA THYBERG
TRISHA CLARK
KENT J. LAVENE
DAVID SWENSEN
JOSEPH (JOE) PRICE
MIRANDA NICKEL

ROGER GARCIA
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ROSEY HIGGS
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CULTURE

SCOTT STEWART | EDITOR IN CHIEF

PAGE 9

CULTURE@UNOGATEWAY.COM | OCTOBER 10, 2008

FROM LUDO: PAGE 1

"Hum Along," "Myself" and finished off the evening with their hit single "Love Me Dead."

The opening band Indecision was very impressive. They had excellent stage presence. Every chord played and the height of vocals immediately let the audience know they were there.

Indecision made their impact with the very first beat. The band appeared very formidable in the Maverick Plaza south of the student center. It would be very interesting for them to headline a show sometime soon on campus.

As the final chords of Indecision faded, Ludo was ready to let loose on stage. Massive vibrations could be heard from inside the student center. It was so powerful that it lured students from opposite ends of campus. There was a strong turnout for the free concert.

Drummer Matt Palermo was seen wearing a cow costume. Tommy Cantillon, lead singer of Tommy and The High Pilots, filling in for Ludo's bassist Marshall Fanciullo, was decked out in a full Superman outfit.

The complete pecs and six-pack abs were very amusing and added emphasis on their songs.

The night progressed with a flurry of intense sounds coming out of lead singer Andrew Volpe's lips. Everyone began to clap their hands and move their lips to the lyrics of Ludo's songs. The atmosphere was lively. A concert is exactly what the student body needs after rigorous studying and course loads.

Ludo was accepted well by the audience and, simply put, was amazing. Ludo currently stands at No. 8 on Billboard's Hot Modern Rock Tracks.

After the concert, Ludo stayed after by the merchandise table to talk with fans. Students walked away with kazoos, bandanas and posters warning of crawfish. Amongst all the autographs, students had an opportunity to vote for homecoming king and queen candidates at tables.

Maverick Productions has brought many different forms of music to the UNO campus. They have agents they speak with that enable them to bring bands such as Ludo to the area, said Maverick Productions Director Hope Vavra.

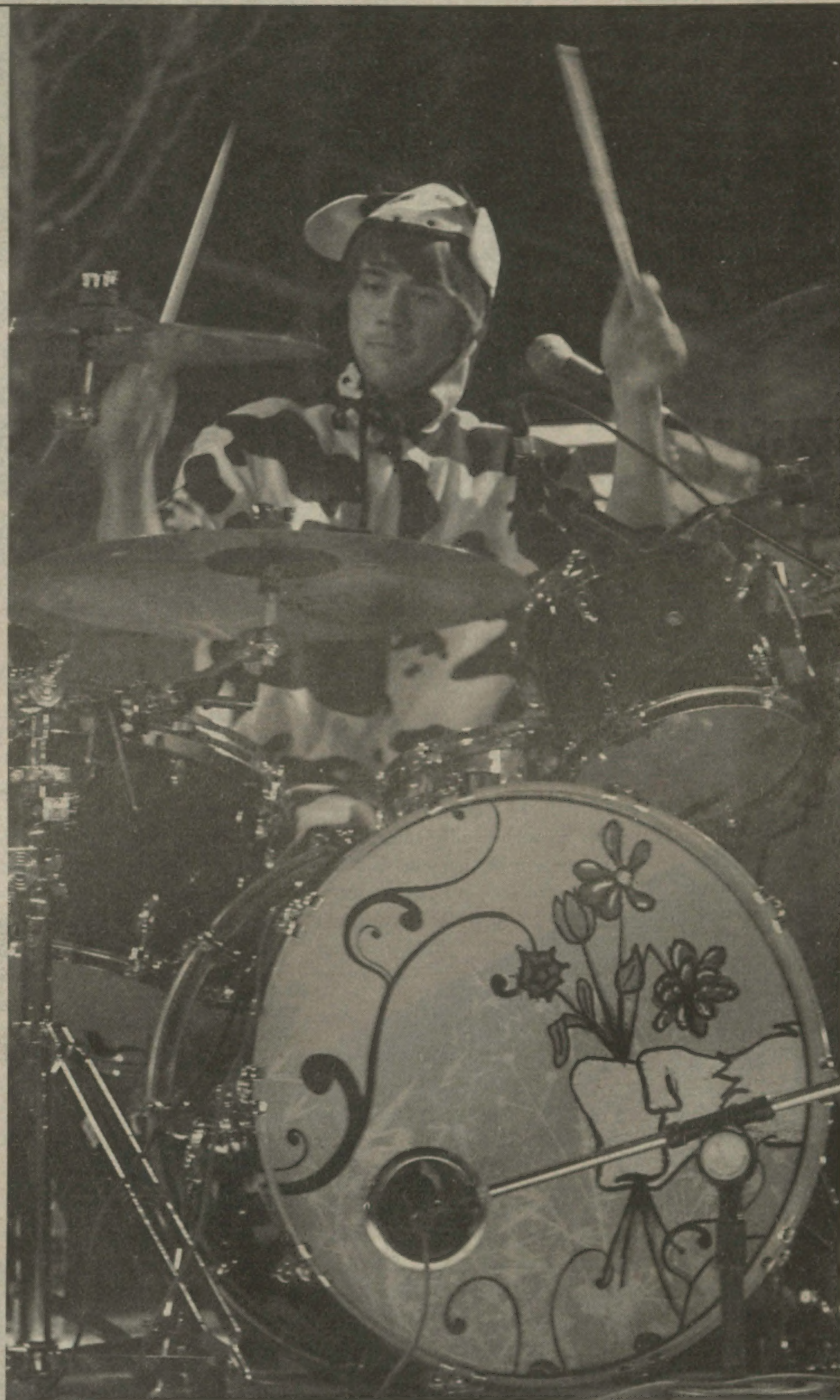
Ultimately, though, Ludo was a stellar addition for adding flavor to centennial and homecoming weeks.



Above: Ludo lead singer Andrew Volpe works the mic. (ANDREA BARBE/THE GATEWAY)

Right: Ludo drummer Matt Palermo rocks out during Wednesday night's concert. (MICHELLE BISHOP/THE GATEWAY)

Below: Ludo lead guitarist Tim Ferrell strums on to "Hum Along." (MICHELLE BISHOP/THE GATEWAY)






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'Picasso,' Einstein to make debut

SCOTT STEWART
EDITOR IN CHIEF

The scene is Oct. 8, 1904, in a bar called the Lapin Agile (French for "nimble rabbit") in Paris.

There, two men — Albert Einstein and Pablo Picasso — are on the verge of breakthrough, but meet to discuss the values of genius and talent among themselves and other bar patrons.

Einstein is rapidly approaching his Annus Mirabilis papers where he revolutionizes modern physics, in the final paper coming up with his iconic $E = mc^2$ formula. Picasso, on the other hand, is well on the way to inventing Cubism and his seminal "Les Femmes d'Alger," depicting five prostitutes in Barcelona.

Einstein and Picasso continue their debate until they are interrupted by a visitor at the end of Steve Martin's first full-length play.

UNO Theatre will bring "Picasso at the Lapin Agile" to life starting this weekend in the Weber Fine Arts Building.

"Picasso" will be directed by Amy Lane, an adjunct faculty member in the theatre department. She has directed across the country.

At UNO, she directed "Reckless" and served as

curator for the New Ways/New Works Festival, directing the world premier of "Let It Bleed."

"'Picasso' is, at its heart, a play about dreams — about the ability to make dreams (no matter how large or small) a reality," Lane wrote in her director's notes. "In the play, we are introduced to two young geniuses, Albert Einstein and Pablo Picasso, at the brink of monumental creations, each of which will change the world forever."

A preview performance was scheduled for Thursday night. Performances run Friday and Saturday, as well as Oct. 15 through Oct. 18. The house opens at 7 p.m. each night.

Ticket prices are \$15 for general admission and \$12 for students and seniors. Group rates and season memberships are also offered.

Tickets can be purchased in person, via e-mail at unoboxoffice@mail.unomaha.edu or by calling (402) 554-2335. For more information, contact Kelli Still at (402) 554-2406 or visit the theatre department's Web site, unothatre.com.



"Picasso at the Lapin Agile" features a heated debate between Albert Einstein and Pablo Picasso, which includes other patrons of the Lapin Agile. (COURTESY THEATRE DEPARTMENT)

Alumni art exhibit opening Sunday



Bart Vargas' contribution to the O! Public Art Project will be part of the alumni exhibition. (MICHELLE BISHOP/THE GATEWAY)

SCOTT STEWART
EDITOR IN CHIEF

Students, alumni and centennial guests looking for something artistic to take in this weekend need to go no further than the UNO Art Gallery.

The gallery's "UNO and Beyond: Art Student Alumni Exhibition" opens Sunday with a reception from 1 p.m. to 5 p.m. The show will run through Nov. 7.

The exhibition includes works from more than 50 UNO fine arts alumni who graduated between 1963 and 2008. A variety of media are represented, including Bart Vargas' contribution to the O! Public Art Project.

Also featured is a collection of works by Margaret Krug, a painter and senior lecturer at The Whitney Museum of American Art in New York City. Krug will be presented with the art department's distinguished alumni award.

Krug will also present a lecture and signing for his book "An Artist's Handbook: Materials and Techniques" in the UNO Art Gallery on Oct. 16 at 7 p.m. The alumni award will be given at that event.

||||| PARKING UPDATE! |||||

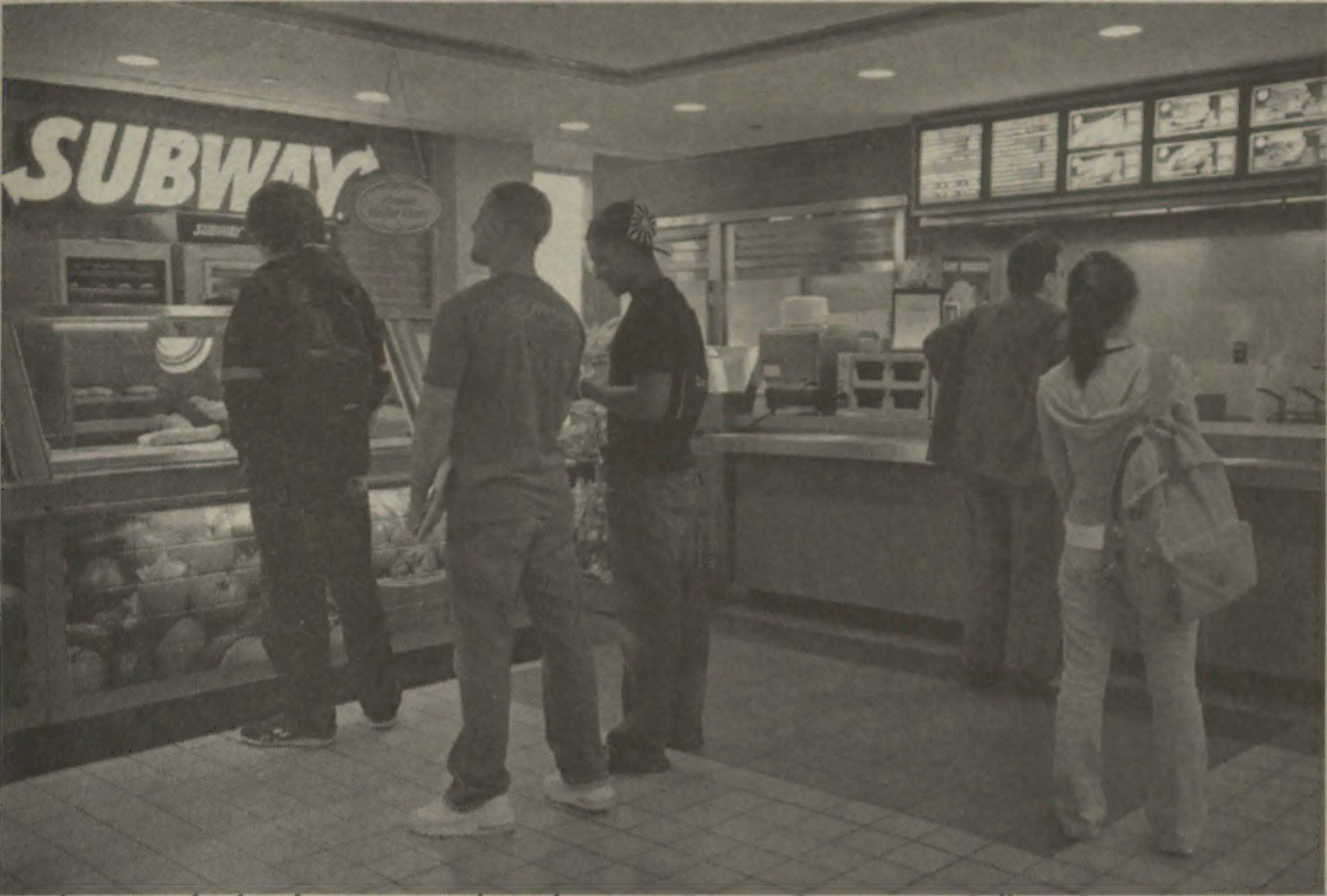
Lots O and Q (west of Sapp Fieldhouse/HPER) **will be closed for the HPER Renovation Project. Both lots will close effective Monday, October 13, 2008.**

ALSO!

No permit is required to use the Crossroads Mall Shuttle runs from 7 AM to 6 PM, Monday - Friday. A permit is required, however, to use the Pacific Location Shuttle that runs from 6:30 AM to 10:30 PM, Monday-Friday.

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Freshman weight gain isn't par for course for most students



Students ponder lunch options in the cafeteria at Bergen Community College, Sept. 22, in Paramus, N.J.. On a tight schedule and budget, eating healthy isn't always easy. (Amy Newman/The Record/MCT)

ASHLEY KINDERGAN
THE RECORD (HACKENSACK N.J.)

HACKENSACK, N.J. (MCT) – It's difficult to think of a way to add pounds faster than living the stereotypical college lifestyle. Juggling coursework, jobs and a social life leaves little time for exercising or even regular meals. Late-night study sessions are often fueled by the nearest 24-hour greasy spoon. Getting too little sleep can also trick the body into craving more food. On top of all that, many freshmen are taking in many more calories from alcohol than they have in the past. That's the bad news. The good news is that not every entering freshman puts on weight, and there are some easy things students can do to avoid packing on pounds.

The first thing to do is to forget the phrase "Freshman 15." A 2006 study by Rutgers University nutritionists tracked the weight of 67 students in their first year. Most students did gain weight, but more than one-fourth of

students actually lost weight. Those who did gain weight put on an average of seven pounds, not 15.

But gaining seven pounds doesn't require all that much extra food. The Rutgers study said that taking in just 112 extra calories each day – roughly equivalent to a cup of Cheerios – would do it.

Jackie Ehlert-Mercer, a registered dietitian who runs nutrition programs for students at the University of British Columbia and teaches a course in nutrition at Ramapo College, said freshmen who gain weight their first semester and don't lose it in the second semester are more likely to keep gaining weight throughout college. If the pattern continues, adulthood obesity and related health problems such as heart disease and diabetes may follow.

"An overweight adolescent ... is probably going to become an obese adult if they don't mediate their weight during college," Ehlert-Mercer said. "The stresses they face such as getting married or getting a full-time job tend to increase. They don't tend to diminish."

Scott Fisher, director of the Fairleigh Dickinson University Health and Fitness Center, recommends that students plan their days to ensure that they eat regularly and healthfully. Skipping meals to lose weight usually backfires, he said.

"You should really go no longer than four or five hours without eating something," Fisher said. "If you go for too long a period of time without eating, your blood sugar level drops. When your blood sugar level drops, your body essentially sends you signals that it wants a very quick source of energy, which are the typical sugary foods, and some concentrated calories, which are fatty foods."

Eating frequently has worked for Mike Sciscione, 22, a senior at William Paterson University. The Rockaway native eats six small meals a day. Something as simple as a fruit smoothie counts, he said. Sciscione buys bulk packages of 100-calorie snack packs and keeps a bottle of water with him to stave off hunger pangs.

"It keeps your metabolism going and keeps you from gaining weight," he said.

Some students who gained weight said they were able to lose it again by reassessing their food and exercise choices.

Ramya Pallavajhala, 22, a senior at Fairleigh Dickinson University, lost most of the weight she gained the first semester of freshman year by cutting out cheese and cooking healthy, vegetable-rich Indian dishes. She also walks between her Hackensack home and the Teaneck campus and squeezes in the occasional gym workout when her schedule permits.

"Once you gain the weight, it's very tough to regain your shape," Pallavajhala said. "But it's easy to prevent it."

Going easy on the alcohol can also make a big difference.

Daniel Hoffman, a co-author of the Rutgers study, said that the body metabolizes alcohol before either carbohydrates or fat. That means the body has less opportunity to burn off carbohydrates and fats from food.

The sheer number of calories in alcoholic

drinks is enough to make most people gain weight, especially if they are consuming the same amount of food and non-alcoholic beverages. A single shot of 80-proof vodka contains 97 calories, and a typical light beer contains about 99, according to thecaloriecounter.com. Combine hard liquor with mixers (110 calories for an 8-ounce glass of orange juice) or down a few beers during a drinking game, and the calories add up quickly.

"A lot of students don't realize that the number of calories per gram in alcohol is closer to fat than to carbohydrates," Hoffman said. "If you look at binge drinking ... you're looking at a lot of calories."

Eating is only one side of the weight-gain equation. Working out can help burn off the occasional late-night pizza or homesickness-induced pint of ice cream.

Fisher recommended at least half an hour of cardiovascular exercise most days a week, and augmenting that with strength training a few times a week.

Relaxing a little isn't a bad idea, either. Researchers at the University of Chicago found that college students who slept for four hours a night produced more of a hormone called ghrelin, which causes feelings of hunger, and less of leptin, which makes people feel full, than peers who had been allowed to sleep for as much as 10 hours.

Though most freshmen will err on the side of eating too much and exercising too little, some students respond to stress by becoming too restrictive with their diets. Students who have experienced disordered eating patterns before college face the highest risk of developing serious eating disorders in college, Ehlert-Mercer said.

Students who find themselves thinking obsessively about food, purging after eating or exercising compulsively in order to lose weight should see a counselor or doctor.

Most college health centers either employ or can refer students to a nutritionist or psychologist to treat eating disorders. UNO's Student Health Services offers students access to both a dietitian and a psychiatrist.

FROM FAITH: PAGE 5

Episcopal Church in Sacramento, Calif., that gives free housing to college students. In exchange for living in one of the apartments owned by the congregation, the students must meet the church's spiritual requirements.

"The hope is that young people in the church will draw other young people," said Amy Dierlam, coordinator of the church's Faith and Leadership program.

Similar church housing programs have begun near campuses across the country, she said. All Saints is believed to be the first in the Sacramento area.

Nearly every congregation struggles to reach young people, particularly college students. Two years ago, All Saints members – the church has about 80 Sunday worshippers – decided to make a financial sacrifice and give up the \$600 in rent they collected every month and allow students to live there for free.

"It's not only a way of developing a spiritual community," said Rev. Michael Monnot, who pastors the church with his wife, Elizabeth. "It's also a way of helping students who are searching spiritually."

The Faith and Leadership program is a partnership between All Saints and the Lutheran Church of the Cross in Sacramento.

Daniel Allen, 20, was living on a friend's couch for several months before moving into the church apartment on 21st Street. He grew up attending Presbyterian and Episcopal churches but hadn't been to church for a while.

The computer science major now attends worship services every week. He has to.

"The hard part is getting up," Allen said. "But you get used to it."

The students sign a contract and promise to attend church and meet with the pastor once a month for a spiritual discernment. They must also attend the weekly meal and work five hours of community service.

Holly Link, who is carrying 19 credit hours, said juggling school and community service work is tough.

"But living here is worth it and the work is rewarding," she said.

The students live in two older apartment units beside the church – the men downstairs, the women upstairs. Each unit accommodates three. One male student left the program shortly after school started, saying the 15 hour-a-week commitment to the church and community service activities was too much, Dierlam said.

The program is in its third year. No students have been kicked out, but some have not been accepted back.

"It wasn't a good fit," Dierlam said.

She said students don't have to be members of the Episcopal church to join. They have to be willing to live in a community and want to explore their faith.

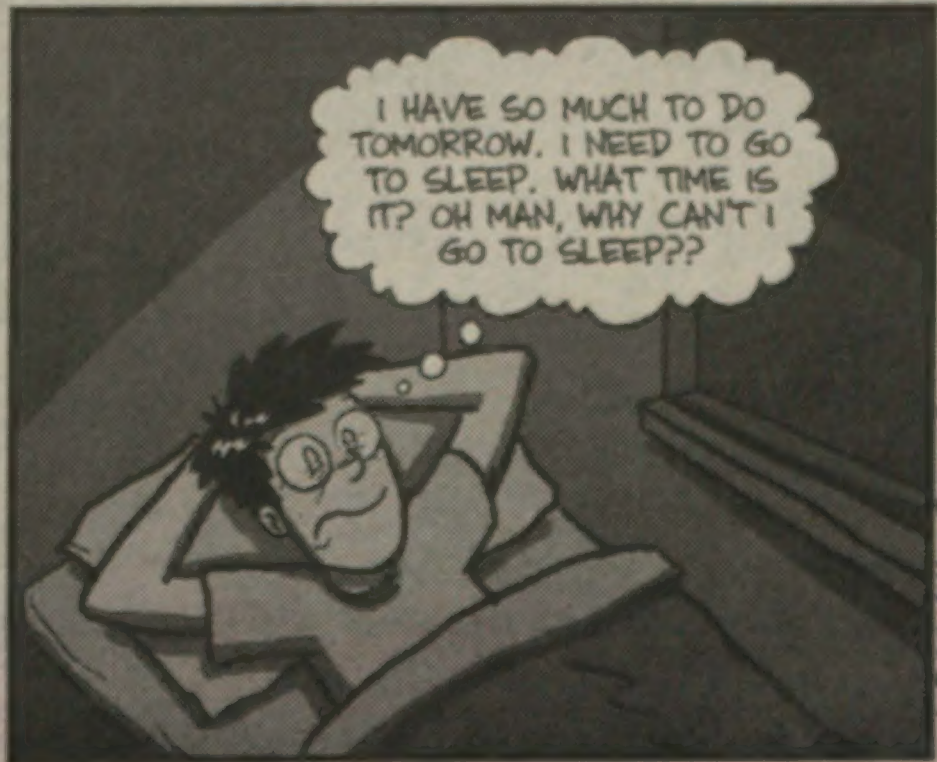
Li Ngyu Lu, who goes by Lydia, attended a nondenominational church in China. She heard about the program from a Sacramento City College counselor after transferring. "It's been a good way for me to meet people," Lu said.

The apartment units look like typical student residences: mismatched furniture, small kitchenettes and homemade artwork. Still, the housing has been a blessing.

"This gives us a chance to think and pray about what we really want," De La Torre said.



Andrea De La Torre, 19, is one of the students who participates in the church program and in return is allowed to live in one of the apartments for free. The Rev. Michael Monnot says the arrangement is a way of encouraging a spiritual community. (Jose Luis Villegas/Sacramento Bee/MCT)



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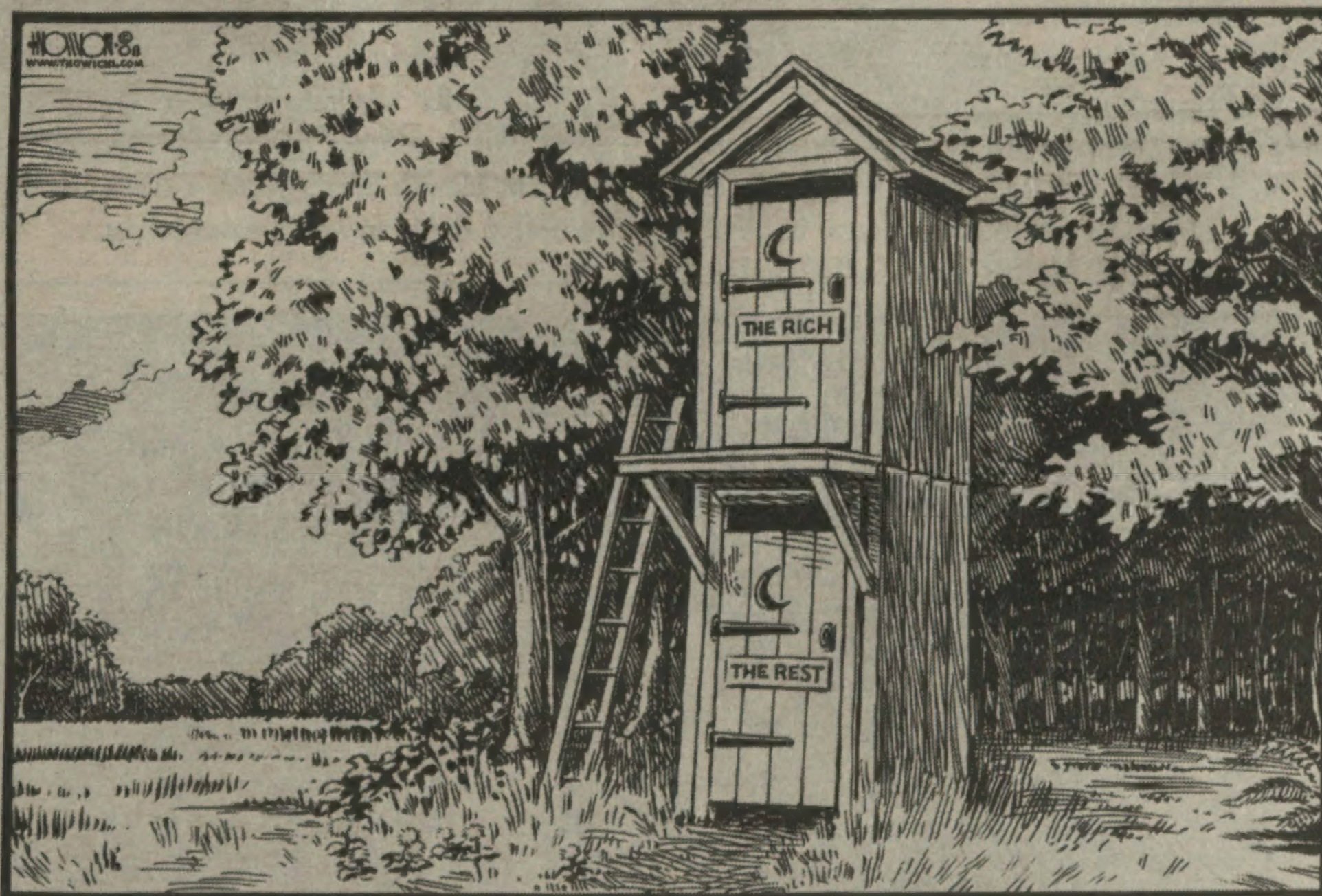
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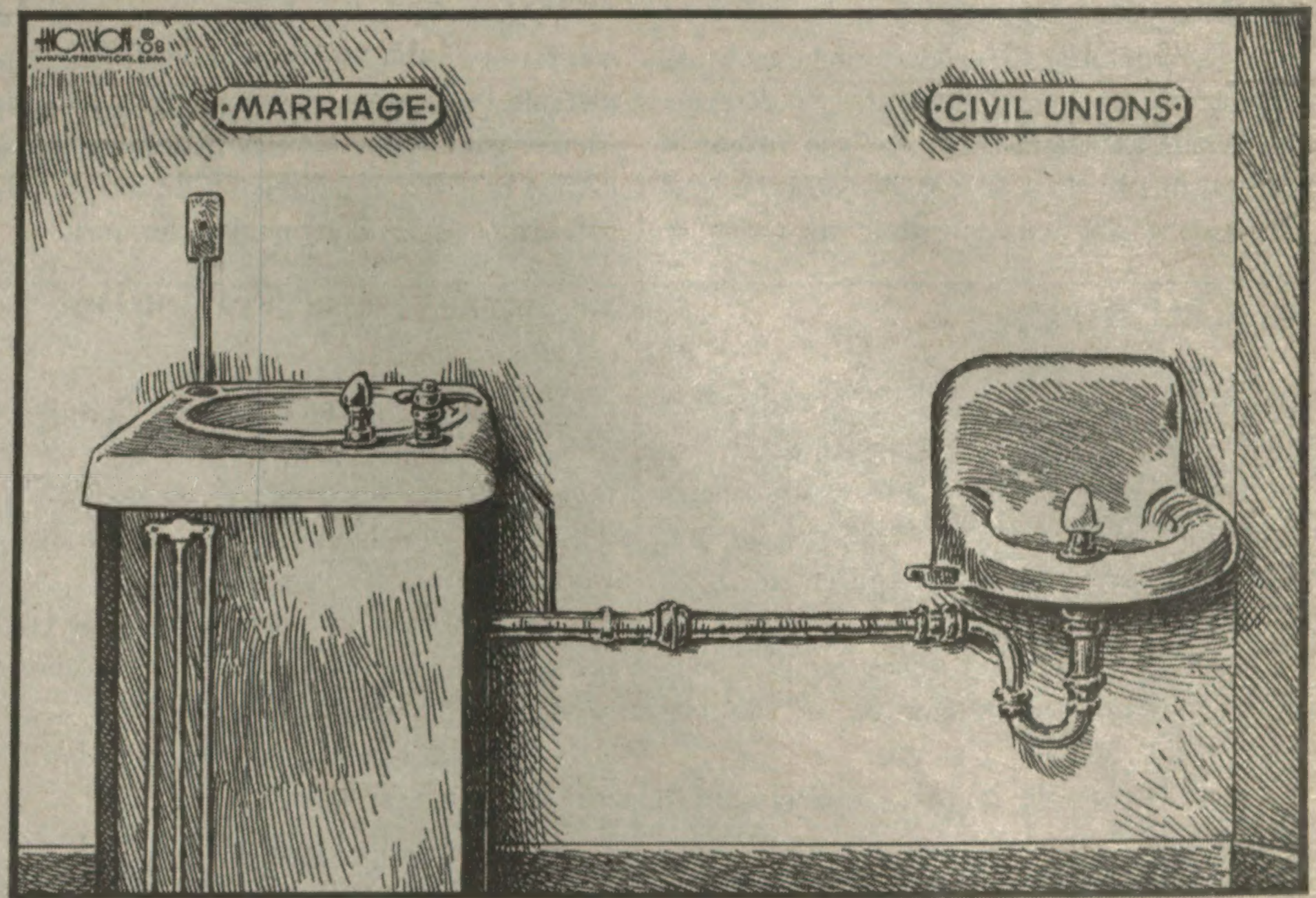
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 Open M-F 9am-5pm

Babysitter needed for 2 young boys (2 years old and 6 months). Fridays, 7:15am - 3:30ish. References needed. Please contact Brenda 614-6415 or brenda_cogswell@yahoo.com.

SERVICES

PIANO INSTRUCTION
 Experienced, caring teacher with Master's Degree. Children & adults of all ages welcome.
 Donna Zebolsky 991-5774.

HOUSING

APTS., HOUSES and sleeping rms. for rent, roommate lists - call UNO off-campus Housing Referral Service at 554-2383 or stop in the Admin. Office, Milo Bail Student Center.

2008 N 70 Ave offers 3 different living area quarters and is priced to sell at just 140,000. To find out more call Lisa Ritter, DEEB Realty 612-2413.

Don't forget to cheer on UNO at the football game this Saturday against Missouri Western!

Caniglia Field, 1pm

GO MAVS!

www.unogateway.com